

25-28 October 2012

3rd World Conference

on Learning, Teaching &
Educational Research

Maison N.-D. du Chêne, Brussels,

Belgium



Programme



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Educational Leadership

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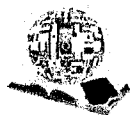


Certificate for Participation

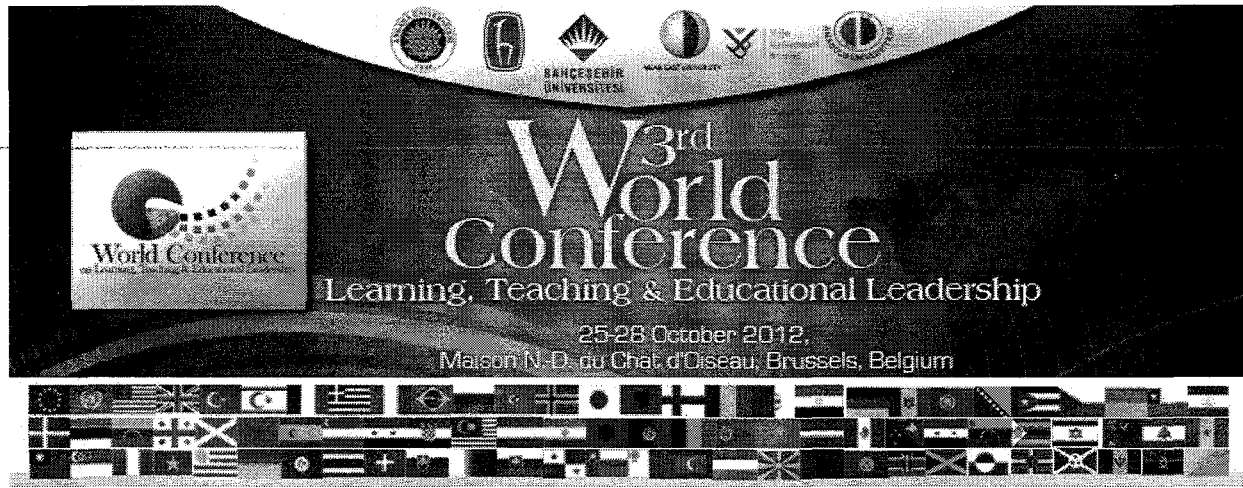
Dear ŞEVKİ KOLUKISA

Thank you for your participation and contribution to the "3rd World Conference on Learning, Teaching & Educational Leadership"

Prof. Dr. Ferhan Odabaşı



Saturday		27.10.2012
TIME	TITLE	PRESENTER(S)/AUTHOR(S)
10:00 – 11:00	The Need for Reforming Multicultural Education in South Korea and Japan: An Investigation of Living, Learning, School Activities and Community Life	Jiyoung Seo, Jie Qi
10:00 – 11:00	Recent evolution and predictable trends of the banking industry's future, inside the European space	Viorica Ioan
10:00 – 11:00	Research On The Effects Of Isotonic Strength Training On Muscular Strength Improvement Of Young Men According To Their Hand Preferences	Sevki Kolukisa
10:00 – 11:00	Gymnastics motor learning particularities in down syndrome children	Gabriel Popescua, Liliana Dinab, Silvia Stroescuc, George Dinad
10:00 – 11:00	Perceptual models in volleyball players training	George Dinaa, Liliana Dinab, Gabriel Popescuc
10:00 – 11:00	Learning efficient driving in the basketball game by using the problematization method to athletes 11 to 13 years (Juniors III)	Tudor Virgil, Ghitescu Iulian Gabriel, Moanta Alina Daniela
10:00 – 11:00	Modeling In Learning Game Basketball For Children And Juniors Groups	Ghitescu Iulian Gabriel, Moanta Alina Daniela, Tudor Virgil
11:00 – 12:00	Optimizing Physical Training Through Adapted Specific Tests In High Performance Football	Marius Stoica, Cornel Blejan
11:00 – 12:00	Training Contributions At Mini-Volleyball Level	Doina Croitoru, Gheorghe Grigore, Dan Badea, Cezar Hantau
11:00 – 12:00	Structure Exercises Experience Taught By Participating-Active Methods In The Purpose Of Fast Acquiring Of Football Game In Gymnasium	Gheorghe Grigore, Dan Badea, Doina Croitoru, Cezar Hantau
11:00 – 12:00	Study Concerning The Developing Of The Explosive Strength In Sports Games	hantau cez ar, Croitoru Doina, Badea Dan, Grigore Gheorghe
11:00 – 12:00	Training of teachers and attention to diversity in international context	Francisca Gonzalez-Gil, Elena Martin-Pastor, Cristina Jenaro, Noelia Flores
11:00 – 12:00	Compliance with Medication and Diet in Patients with Hypertension	Sidika Oguz, Safiye Yanmis, Burcu Demirel, Ruken Ataman
11:00 – 12:00	Empathy Development Training For Nurses Caring For Adolescents With Type 1 Diabetes	Ilknur Kahriman, Nurgün Platin
11:00 – 12:00	Developing Nurses' Emphatical And Problem Solving Skills	Nesrin Nural, Ilknur Kahriman, Umit Arslan, Süheyla Kasım
11:00 – 12:00	Survey of women's knowledge, Attitude and practice regarding prevention of common genital tract infection	Parvin Mangolian Shahrabaki, Jamileh Farokhzadian, Nahid Mozaffari



WCLTA 2012

Research On The Effects Of Isotonic Strength Training On Muscular Strength Improvement Of Young Men According To Their Hand Preferences

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Abstract

The purpose of this study is to determine the isotonic elbow flexion, extension and isometric hand grasping strengths of students according to their hand preferences and to compare the increasing ratios of the right-left elbow strengths and the right-left hand grasping strengths after 12 weeks' strength training. In this study, 18-25 age groups male students who are studying at Education Faculty in were selected as proves. According to Geschwind scores left handers (n=12), weak right handers (n=12) and strong right handers were separated into groups. At the first stage "as a pre-test" anthropometric measurements, isometric and dynamic elbow flexion and extension, right-left hand grasping strengths of the test subjects were measured. After similar to the per-test measurements were performed 12 weeks post-test measurements. Data were gathered by a questionnaire and were evaluated by percentage values, averages and One-Way ANOVA test. In the conclusions of this study it is observed that after the 12 weeks' training program meaningful increases occurred on statistical and mathematical (0.05-0.01) level in the whole measurement parameters comparing to the pre-test of the proves.

Key Words: Hand Preferences, Lateralization, Strength

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